

QUICK START GUIDE

MIC-KEY* GJ Feeding Tube

Enteral Feeding as easy as **1 2 3**



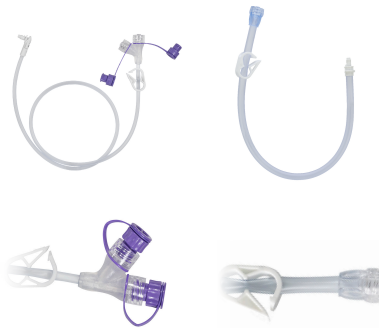
STEP 1 ATTACH

- ✓ To start, attach the MIC-KEY* GJ Extension Set into the MIC-KEY* jejunal feeding port by matching the black lines on the extension set and feeding port.
- ✓ Push the extension set down firmly and "lock" it into place by turning the connector **CLOCKWISE** until you feel a slight resistance (approximately three-quarters turn).
- ⚠ **DO NOT turn the connector past the stop point!**
- ⚠ **It is important to keep the extension set "locked" into place during feeding.**

STEP 2 FLUSH

- ✓ Next, flush your MIC-KEY* GJ Extension Set with water.

Use either extension set to flush.



ENFit® Continuous Extension Set

ENFit® Bolus Extension Set

STEP 3 BEGIN

- ✓ Now begin enteral feeding.
- For **bolus feeding**, attach a bolus syringe filled with your preferred nutrition.
- For **continuous feeding**, attach a feeding set to a feeding pump with your preferred nutrition in the bag.

Cleaning and Caring for the MIC-KEY* GJ Tube and Stoma Site

SAFETY TIPS

- Always wash your hands thoroughly with warm, soapy water before touching the feeding tube.
- Avoid puncturing or tearing any part of the tube or extension sets.
- ⚠ **DO NOT rotate the MIC-KEY* GJ. This may cause the tube to kink and possibly lose position.**

CLEANING AND CARING FOR STOMA SITE

Clean the skin around and under your MIC-KEY* GJ feeding tube daily using:

- Mild soap and water
- A soft, lint-free cloth or cotton tipped applicator

MIC-KEY* GJ TUBE & PORT CARE

Clean the external portion of the feeding tube:

- Be careful not to pull or manipulate the tube excessively.
- Make sure both your tube and stoma are kept clean and dry.

CLEAN THE JEJUNAL, GASTRIC AND BALLOON PORTS:

- Use a cotton-tipped applicator and/or soft cloth to remove all residual formula and medication.

CHECK YOUR FILL VOLUME BY TUBE SIZE

Use sterile or distilled water to inflate balloon.

- ⚠ **DO NOT over inflate balloon. Over inflation may increase the risk of balloon damage.**

Code	Recommended Fill Volume	Max Fill Volume
8270-XX-Y.Y-15	3 ml	5 ml
8270-XX-Y.Y-22	3 ml	5 ml
8270-XX-Y.Y-30	3 ml	5 ml
8270-XX-Y.Y-45	7 ml	10 ml

Using the MIC-KEY* GJ Extension Set

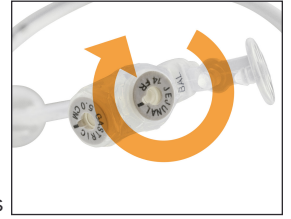
TO CONNECT

Insert the MIC-KEY* GJ Extension Set into the port labeled "Jejunal" by matching the black lines on the extension set with the jejunal feeding port. Lock the set into place by turning the connector CLOCKWISE until you feel a slight resistance.



TO DISCONNECT

Disconnect the extension set from the MIC-KEY* jejunal feeding tube port by rotating it COUNTER-CLOCKWISE until the black line on the feeding port lines up with the black line on the extension set. Gently detach the extension set and cap the MIC-KEY* GJ gastric and jejunal ports with the attached feeding tube cover.



It is recommended that you only connect the MIC-KEY* Extension Set to the MIC-KEY* GJ Feeding Tube.

To avoid damage, do not insert medication or nutrition directly into the feeding port valve without the use of an extension set.

Available:

- MIC-KEY* ENFit® Continuous Extension Sets available in 5.1cm, 30.5cm, 60.9cm
- MIC-KEY* ENFit® Bolus Extension Sets available in 5.1cm, 30.5cm, 60.9cm

⚠ Flush your feeding tube and extension sets before and after every use to prevent clogging.

Replacing the MIC-KEY* GJ Feeding Tube

Your clinician will decide when to replace the MIC-KEY* GJ Feeding Tube. See your medical care team if you are experiencing any of the following and request your stoma length be checked with the MIC-KEY* GJ Stoma Measuring Device (SMD):

1. Significant weight gain or loss
2. Tube pinches or feels tight
3. Tube appears too loose
4. Stoma is uncomfortable and/or irritated

You Can Decompress While You Feed!

1. Open the gastric feeding port cover located at the top of the MIC-KEY* GJ Feeding Tube.
2. Insert the MIC-KEY* Bolus Extension Set into the port labeled "Gastric" by matching the black lines on the extension set gastric port. Lock the set into the gastric port by pushing in and rotating the connector CLOCKWISE until a slight resistance is felt (approximately a three-quarter turn).

⚠ DO NOT rotate the connector past the stop point.

3. Begin gastric decompression.

⚠ CAUTION: Do not use continuous or high intermittent suction. High suction could collapse the tube or cause stomach injury.

⚠ ADDITIONAL TIPS

- To avoid a "balloon burst" use your MIC-KEY* GJ Feeding Tube, as indicated in the Instructions For Use (IFU).
- To avoid damage, always use the correct equipment. Only use the extensions sets as instructed by a clinician. Only use a syringe for its intended purpose.
- Replace extension sets as per the IFU.
- Only use sterile or distilled water to fill your balloon.
- A medical professional will determine the proper length of the tube by using a stoma measuring device and then recommend the proper length. If there are issues with the tube, stoma or significant weight is gained or lost, contact a medical professional. A new measurement could be required.
- The external base of the feeding tube should rest just above the skin surface. A good fit is considered 1 to 2 mm above the skin, about

the thickness of a dime. If the external base is sitting too low or high, contact your clinician to see if you need to be re-measured.

- Refer to the IFU or the first page of this guide for the inflation volumes of your balloon. It will vary based on tube size.
 - Only use water-soluble lubricant.
 - The MIC-KEY* GJ Feeding Tube features an anti-reflux valve, located toward the top of the feeding port. When you attach the extension set, this valve is opened to allow feeding. It is important to keep both the feeding port and the anti-reflux valve clean with proper flushings.
 - To avoid valve damage, do not insert medication or nutrition directly into the feeding port valve.
- ⚠ CAUTION: Do not push cotton-tip applicators or other objects through or into feeding port valve**

AVANOS

For More Information, Call: 1800 101 021 in Australia | 0800 525 270 in New Zealand